

NY SURGICAL & ANESTHESIA SUITES, PC

3620 EAST TREMONT AVE, BRONX, NY 10465

OFFICE: 718-792-4878

FAX: 718-824-8026

ALL PROCEDURES DONE AT THIS ADDRESS ONLY!

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|--|---|---|--|
| <input type="checkbox"/> <u>Cervical</u> | <input type="checkbox"/> <u>Lumbar</u> | <input type="checkbox"/> <u>Thoracic</u> | <input type="checkbox"/> <u>Epidural Steroid Injection</u> |
| <input type="checkbox"/> <u>Lumbar Facet Joint Injection</u> | <input type="checkbox"/> <u>Transforaminal Epidural Steroid Injection</u> | | |
| <input type="checkbox"/> <u>Sacroiliac Joint Injection</u> | <input type="checkbox"/> <u>Medial Branch Blocks of the Facet Joint</u> | | |
| <input type="checkbox"/> <u>Radiofrequency ablation</u> | <input type="checkbox"/> <u>Discogram</u> | <input type="checkbox"/> <u>Percutaneous Discectomy</u> | |

ANESTHESIA

Patient instructions to follow prior to having a Surgical Procedure in our office.

If these instructions are not followed, your appointment will be cancelled.

- STOP aspirin or aspirin containing products 7 days prior to procedure.
- STOP anti-inflammatory medication 3 days prior to procedure.
- If you are taking Coumadin or Heparin, please call your prescribing doctor or our nursing advice line.
- DO NOT STOP your heart, blood pressure or lung medications. Bring your asthma inhalers with you.
- If in doubt of what your current medication may contain, call your pharmacist or our office.
- If you are diabetic or hypoglycaemic, your appointment should be scheduled before 10:00 AM.
- If you start getting symptoms of a cold, flu or are currently being treated for an infection, call our office immediately.
- You must fast 6 hours prior to procedure. Sips of water may be taken with medication.
- No alcoholic beverages the night before or day of the procedure.
- Please shower the morning of the procedure.
- Wear comfortable clothing. Please wear underwear.
- DO NOT wear any jewelry.

Note: You MUST come with a companion – DO NOT drive yourself. If you are taking a cab, you still need to bring someone to accompany you after the procedure. (The cab driver is not considered a companion.)